



Back To School **NEWSLETTER**

AUGUST 2026

WELCOME TO THE NEW SCHOOL YEAR!

As we open the doors to a brand-new school year, we are delighted to share in the excitement, anticipation, and promise this season brings. Whether your family is returning or joining Dayspring for the first time, there is so much to look forward to—new friendships, academic discoveries, creative adventures, and the joy of learning and growing together. To our returning parents and students: welcome back! We have truly missed seeing your children's bright faces and look forward to another year filled with shared experiences, achievements, and meaningful milestones. Thank you for being such a valued part of our Dayspring family and for continuing to trust us with the privilege of nurturing your child's development.

To our new families, we extend a very special welcome. We understand that beginning a new school journey can bring both excitement and questions, and we are here to support you and your child every step of the way. Our dedicated team is committed to making this transition smooth, joyful, and meaningful.

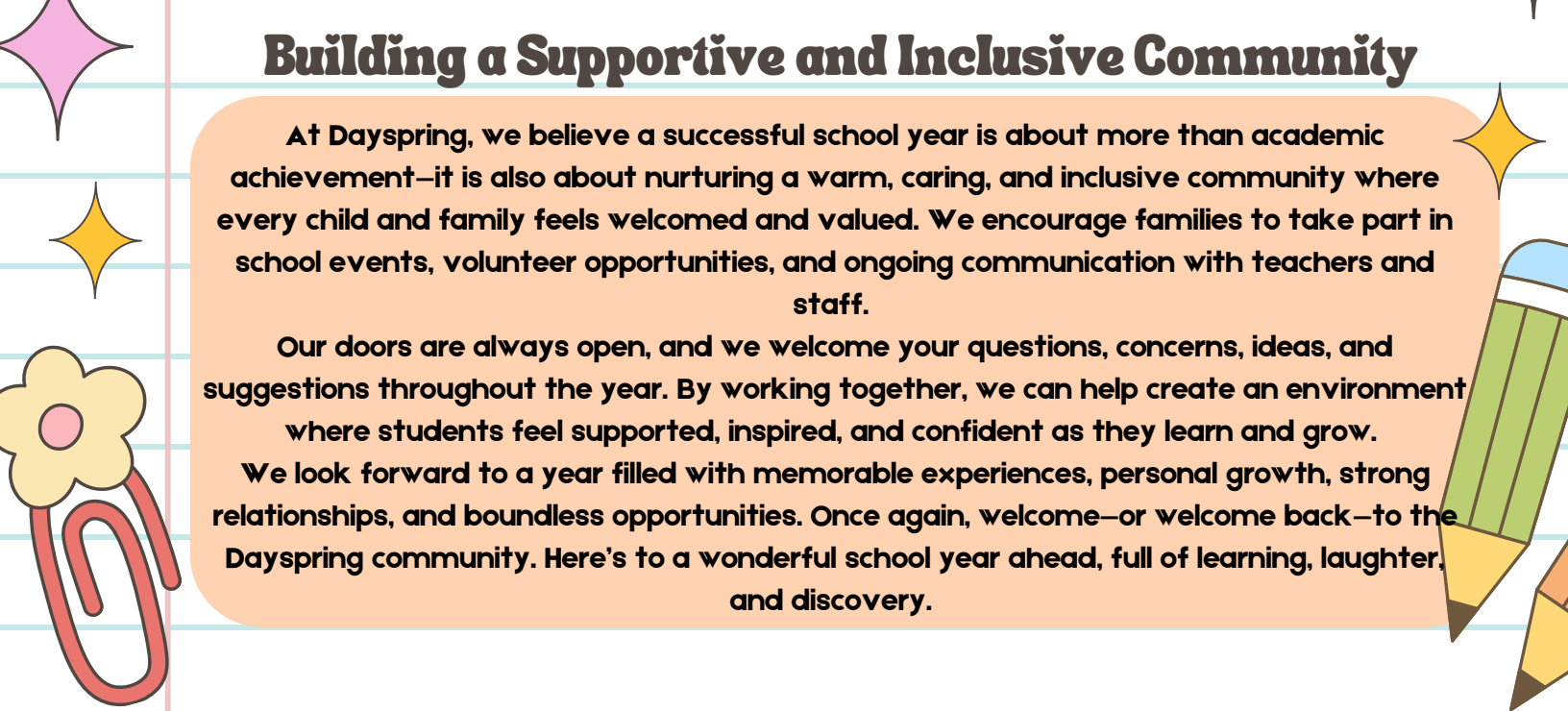
In this newsletter, you will find important information to help ensure your child's school year is safe, successful, and filled with opportunities to learn, grow, and thrive.

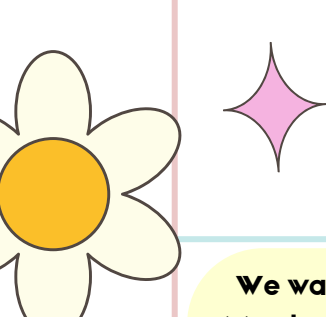
Building a Supportive and Inclusive Community

At Dayspring, we believe a successful school year is about more than academic achievement—it is also about nurturing a warm, caring, and inclusive community where every child and family feels welcomed and valued. We encourage families to take part in school events, volunteer opportunities, and ongoing communication with teachers and staff.

Our doors are always open, and we welcome your questions, concerns, ideas, and suggestions throughout the year. By working together, we can help create an environment where students feel supported, inspired, and confident as they learn and grow.

We look forward to a year filled with memorable experiences, personal growth, strong relationships, and boundless opportunities. Once again, welcome—or welcome back—to the Dayspring community. Here's to a wonderful school year ahead, full of learning, laughter, and discovery.





Family Morning

We warmly invite our new families to attend Family Morning Orientation on Monday, August 10, from 9:30-10:30 a.m. This special morning is designed especially for families who are new to Dayspring, offering an opportunity for you and your child to become familiar with the classroom setting, meet teachers and administrators, ask questions, and connect with other families.

Returning families who would like to attend are also welcome. You may use this time to bring in any required forms or extra clothing, reconnect with staff, and review program policies and procedures in person. Family Morning is intended to help children and parents feel welcomed, informed, and comfortable as we begin the new school year. We believe that when families feel prepared and connected, the transition into school becomes a more positive and joyful experience for everyone.



Health & Safety at School

Your child's health, safety, and well-being are our highest priorities. At Dayspring, we are committed to providing a clean, caring, and secure environment where children can learn, play, and grow with confidence.

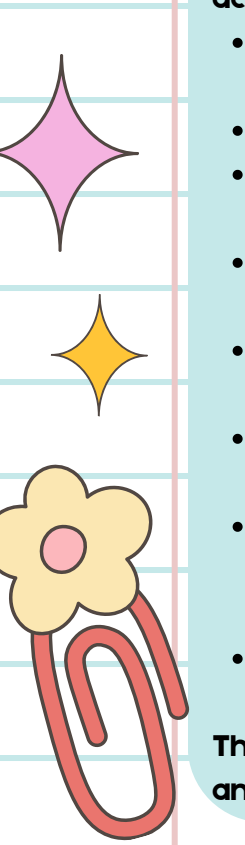
To help protect our school community, we ask families to follow all health and safety guidelines, including keeping children home when they are sick, notifying the school of any health concerns or contagious illnesses, and ensuring emergency contact information is current. These shared efforts help create a safe and healthy school experience for all students, staff, and families.

Daily Health Checks

To help keep our school community healthy, we ask families to complete a daily health check before bringing children to school. Young children can spread illness quickly, so please keep your child home if they are not feeling well or are unable to fully participate in classroom activities. Please keep your child home for the following symptoms or conditions:

- **Cold symptoms:** Irritated throat, watery eyes or nose, sneezing, chills, or body aches. Children may return when symptoms have improved.
- **Cough:** Any cough that interferes with classroom participation or daily activities.
- **Fever:** A temperature of 100°F (37.7°C) or higher. Children may return after being fever-free for 24 hours without medication.
- **Flu symptoms:** Sudden fever, chills, sore throat, headache, body aches, or fatigue. Children may return once symptoms have resolved and they are fever-free for 24 hours.
- **Pain or discomfort:** Persistent pain or behavior that suggests your child is uncomfortable should be evaluated before returning to school.
- **Pinkeye/conjunctivitis:** Redness, swelling, itching, or pus-like drainage from the eye. Children may return after 24 hours of antibiotic treatment, if prescribed by a doctor.
- **Strep throat:** Symptoms may include a very red throat, swelling, pus spots, sore throat, fever, swollen glands, nausea, or vomiting. Children may return after 24 hours of antibiotics and once fever and vomiting have resolved.
- **Vomiting or diarrhea:** Children must be symptom-free for 24 hours before returning to school.

Thank you for helping us maintain a safe and healthy environment for all students, staff, and families.





Immunizations & Physician Recommendations

Please make sure your child's immunization records are current and submitted by the required deadline before the start of school. The California Department of Public Health recommends that families check regularly with their child's pediatrician to ensure all required vaccinations and immunizations are up to date.

Children may not be able to begin or continue attending school until all required immunization documentation has been received. If your child is on a delayed immunization schedule, parents must submit written documentation from the child's physician outlining the delayed schedule and recommendations. Please review your child's records early, schedule any needed appointments, and submit updated forms to the school office as soon as possible.

Keeping immunizations current helps protect your child and supports a safe, healthy school environment for everyone at Dayspring.

Birthday Celebrations

We love celebrating birthdays at Dayspring! Each birthday child will be honored with a special song and crown. Families may bring small, store-bought, nut-free, low-sugar treats to share during snack time. Mini cupcakes are a great option if you choose to bring cupcakes.

To support allergy awareness, please let us know about birthday treats at least three days in advance so we can notify other families as needed. If you prefer that your child not receive birthday treats, please inform the staff.

No-Nut Policy

To help protect students with severe allergies, Dayspring is a no-nut facility. Peanut butter and all nut products are not permitted in lunches, snacks, birthday treats, or goodie bags.

Please check ingredient labels carefully and choose safe alternatives when needed. Sunbutter is permitted at school. Thank you for helping us keep every child safe and for showing care and consideration for our school community.

Parking Lot Safety

The school parking lot is a busy place, especially during drop-off and pick-up times. For the safety of all children and families, we offer the following reminders:

- Always hold your child's hand as you walk from your car to the school entrance.
- Drive slowly and observe the speed limit in the parking area.
- Be attentive to cars passing through to the medical center as you cross or walk in the lot.
- Refrain from using cell phones while driving or walking in the parking lot to remain alert to your surroundings.
- Park only in designated areas and avoid blocking entrances, exits, or access lanes.

Your cooperation helps prevent accidents and ensures all students arrive and leave safely. Thank you for setting a safe example and supporting our culture of safety and respect. These policies protect not only your child's health, but also their peers, teachers, and the community. Healthy children can focus better and learn more effectively. We appreciate your support.





Arrival and Departure Procedures at Dayspring

When arriving, please use the designated preschool parking spaces located directly in front of the school. To maintain our licensing standards, it is vital that a parent or guardian signs their child in and out every day. You may complete this process using the Brightwheel application or the physical sign-in sheets provided.

An iPad is available at the front desk for you to enter your Brightwheel code and electronically submit your signature. We kindly ask that only adults handle the iPad. For your convenience, QR codes are also displayed on the front table and at each classroom entrance for mobile check-in. For visitors such as grandparents or sitters who do not have a digital code, a paper sign-in log remains available at the front desk.

Upon arrival, our educators will perform a brief health assessment for every student. To ensure a safe hand-off, please personally escort your child to their teacher so they can be properly welcomed and supervised. These same safety protocols apply at the end of the day: please alert a teacher when you arrive for pick-up and remember to officially sign your child out via Brightwheel before departing.

If you wish to personalize your check-in code, you can find helpful instructions [here](#).

We appreciate your diligence in ensuring that arrival and departure times align with your child's enrollment schedule. For those on a School Day schedule (8:30 a.m. - 3:30 p.m.), any time outside these hours will result in a fee of \$1 per minute. To request a schedule change or arrange for drop-in care at the rate of \$23 per hour, please contact Ms. Stacey or Ms. Maria via phone, email, or Brightwheel.

Establishing a consistent morning routine can be very helpful for your child's transition. For families new to our program, we recommend assisting with handwashing and organizing personal items before a warm, brief goodbye. A short farewell often helps children settle into their classroom adventures more quickly and allows our teachers to begin building meaningful connections immediately. We are always here to support you through this process.

Door Codes



To our returning families, please continue utilizing your existing security door codes. For those newly joining us, your personal code will be activated as soon as your registration paperwork is finalized. If you experience any technical difficulties, please reach out to Ms. Maria or Ms. Stacey for assistance. We kindly remind you that your facility door code is distinct from your Brightwheel code, and for the safety of our students, only adults should operate the door handles and entry pads.

Referral Bonus

Most of our new families come through referrals, and we appreciate your support! If someone you refer enrolls, you'll receive a thank-you bonus. We have just a few spots left—please spread the word to friends and family.

Room Parent Participation



We're excited to continue our Room Parent program. Room Parents help coordinate classroom activities and events. If you're interested, email Ms. Stacey or Ms. Maria. Being a Room Parent is a great way to be involved



Preparing for the School Day:

- A complete change of weather-appropriate clothing (including socks and undergarments) stored in a clearly labeled Ziploc bag.
- All necessary school enrollment forms, fully signed and completed.
- Diapering supplies and wipes, as required for your child.
- Your official Dayspring tote bag (to ensure safety and consistency, please do not bring backpacks).
- A reusable water bottle, distinctly labeled with your child's name.
- Required medications in their original packaging, accompanied by a signed letter from a physician.
- A photograph of your family for use in our classroom community activities.

For Children Attending Afternoon Programs:

- Sunscreen along with a completed and signed permission slip.
- A nut-free lunch and an ice pack to maintain freshness.
- One small "lovey" or comfort item for rest time (Dayspring provides blankets, sheets, and nap mats).
- To support our learning environment, please keep personal toys at home.

Clothes & Shoes

Children should wear shoes with secure back straps (no slip-ons or flip-flops) suitable for active play. Please choose comfortable, weather-appropriate, washable clothing—preschool can get messy! Avoid long necklaces, purses, or anything that hangs around the neck.

Sunscreen

Apply sunscreen to your child in the morning. If you'd like us to apply sunscreen in the afternoon, provide a labeled bottle (no sprays) and fill out a permission slip. If you already have sunscreen and a form on file, you're all set. Any questions? See Ms. Stacey.

Playground & Classroom Improvements

We would like to inform families that our playground will be undergoing improvement work from July 27 through August 21, 2026. During this time, children will continue to enjoy gross motor activities in the Great Hall, which will be used as an alternative space for active play and movement. In addition, our classroom is scheduled to be painted from August 3-5, 2026. We are excited about these improvements and appreciate your flexibility during this period. We apologize for any inconvenience these projects may cause and thank you for your patience and understanding as we work to enhance our learning environment.



Important Dates

August 3rd-5th	Dayspring Closed for All
August 6th-7th	Teacher Workdays Dayspring Closed to All Families
August 10th	Family Morning From 9:30 to 10:30 am; before and after those times school is closed
August 11th	First Day of School
September 7th	Closed for Labor Day
September 23rd	Back to School Night

Contact us with any questions, concerns or comments. We are looking forward to a fun and exciting year of learning!

Classroom Assignments

Room 1 Toddler	Room 2 Spanish Immersion	Room 3 Preschool	Room 4 Transitional Kindergarten
Ms. Cecilia Ms. Lauren	Ms. Yesenia Ms. Gelay	Ms. Kate Ms. Alma	Ms. Preeti Ms. Azi

Floaters

Ms. Rica	Ms. Sophia
T, W, TH 10:30-3:30	M, W, F 8:30-1:30



Our dedicated teachers are readily available through the Brightwheel app for your convenience. For any administrative or front desk questions, please reach out to Ms. Stacey at info@dayspringpreschool.org. To connect with our executive director, Ms. Maria, you may email her at maria@dayspringpreschool.org. We are also happy to assist you by phone at 925-389-2044. Your questions, concerns, and suggestions are always welcome, so please feel free to message us via Brightwheel or contact us directly at any time. We look forward to a wonderful year of partnership with your family!

Staff Spotlight

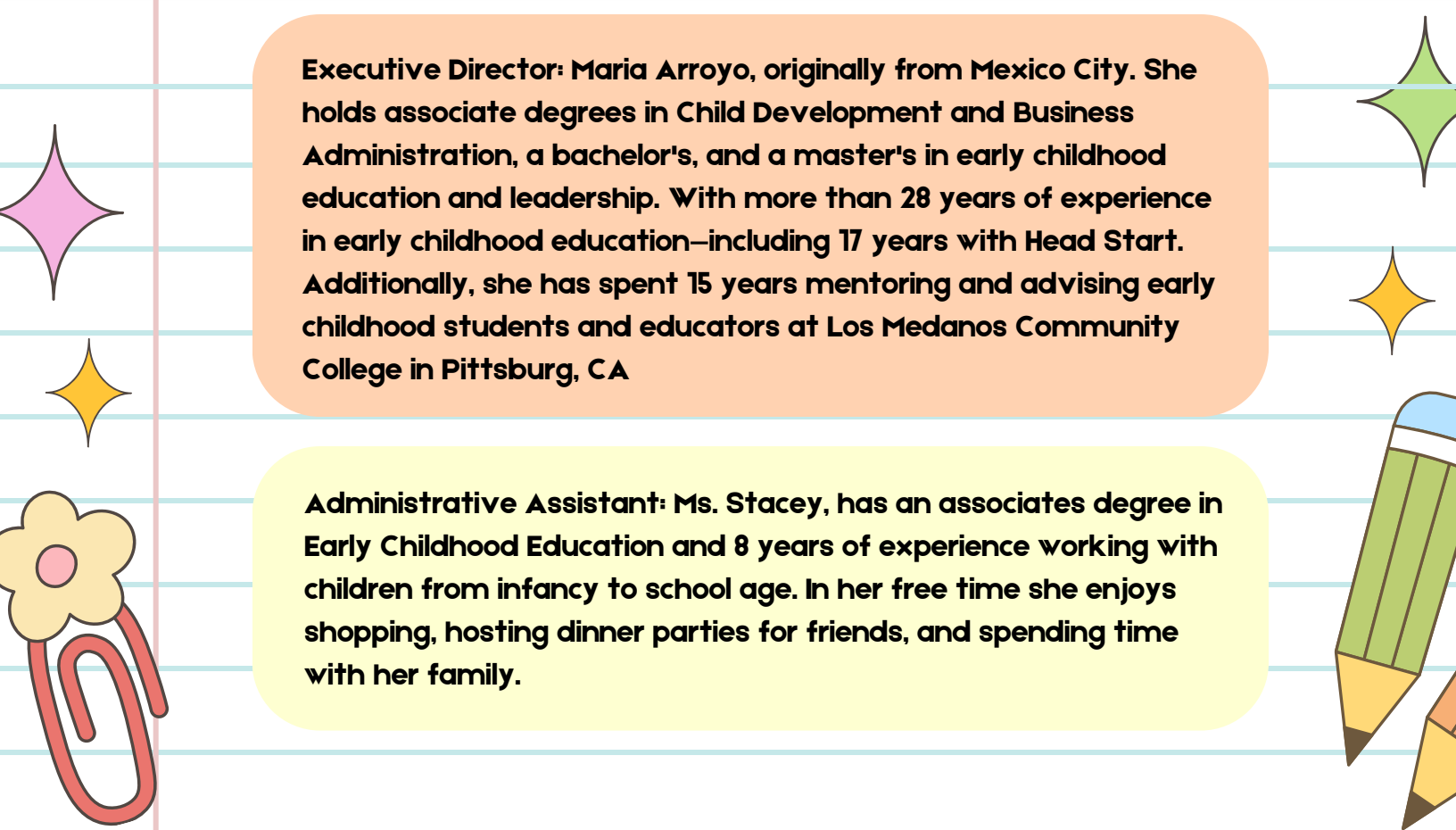
Please join us in wishing a very happy birthday to our staff members! We are grateful for all they do for our preschool. Thank you, families, for helping us celebrate our wonderful staff!

- Ms. Maria – August 13
- Ms. Alma – September 2
- Ms. Rica – September 3

Administrators

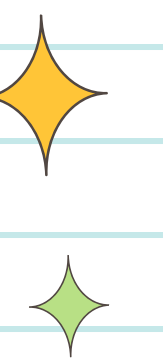
Executive Director: Maria Arroyo, originally from Mexico City. She holds associate degrees in Child Development and Business Administration, a bachelor's, and a master's in early childhood education and leadership. With more than 28 years of experience in early childhood education—including 17 years with Head Start. Additionally, she has spent 15 years mentoring and advising early childhood students and educators at Los Medanos Community College in Pittsburg, CA

Administrative Assistant: Ms. Stacey, has an associates degree in Early Childhood Education and 8 years of experience working with children from infancy to school age. In her free time she enjoys shopping, hosting dinner parties for friends, and spending time with her family.





Dayspring Staff



Ms. Alma: Born in Guadalajara, Mexico, with over 19 years of early childhood experience (7 in preschool). She enjoys baking, sewing, gardening, and has three children.

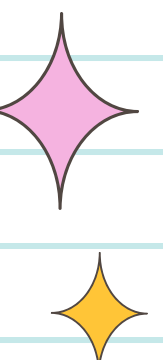
Ms. Azadeh: From Tehran, Iran, she has an associate degree in Early Childhood Education and a bachelor's degree in Child and Adolescent Development and has seven years' experience. Especially supportive of children with learning differences, she enjoys family time, nature, and baking. .

Ms. Cecilia: Originally from El Salvador, she has worked in early childhood education since 1990. She is energetic, nurturing, and committed to smooth transitions for families and children.

Ms. Gelay: Raised in Puerto Vallarta, Mexico, now living in Pittsburg. This is her second-year teaching preschool. She loves cooking, painting, and learning new things. She recently completed her CDA certificate.

Ms. Kate: Earned her BA in Education from Belarus, credentialed in Early Childhood Education in California. She believes every child is unique and enjoys supporting their lifelong learning. Enjoys reading, socializing, and exploring nature with her family.

Ms. Lauren: A Bay Area resident for 14 years, currently earning her associate degree in early childhood education. Has seven years of preschool teaching experience. Values parent communication for children's learning.



Ms. Lindya: Seventh year at Dayspring, degree from Sydney Kindergarten Teacher's College, over 20 years' teaching experience. Enjoys baking, tennis, and is a proud mother and grandmother (currently out on disability)

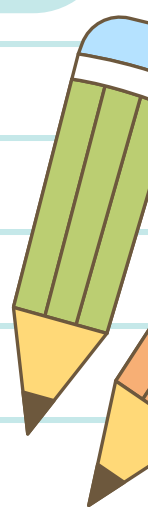
Ms. Preeti: From India, 25 years in early childhood education, master's in leadership (Mills College), Site Supervisor Certification, and nine years at Dayspring. Enjoys caring for children and working with families, plus gardening, cooking, and traveling.

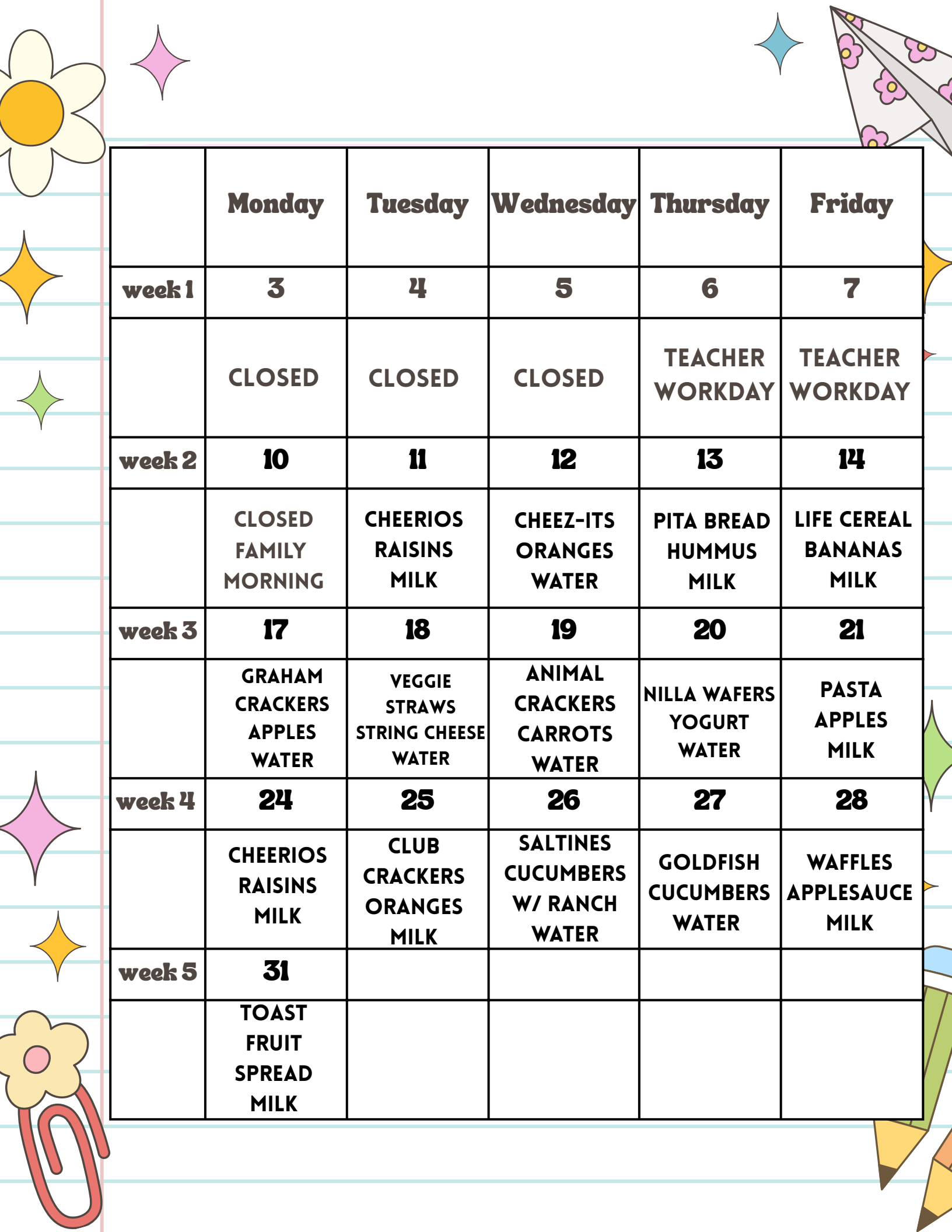
Ms. Rica: Danville resident for 25 years, BA in Business, credentialed in Early Childhood Education, over eight years at Dayspring. Assists with classroom routines. Enjoys shopping and dining out.



Ms. Sophia: University of Nevada, Reno alum with a degree in Psychology and a minor in Human Development. She previously worked as a developmental therapist for children with autism. Outside of work, you'll find her shopping, or working on a craft project!

Ms. Yesenia: Born and raised in Guadalajara, came to the US at 12, has two daughters, 40 early childhood units, and 17 years of experience with infants to preschoolers. Focused on nurturing a safe and healthy environment for all children.





	Monday	Tuesday	Wednesday	Thursday	Friday
week 1	3	4	5	6	7
	CLOSED	CLOSED	CLOSED	TEACHER WORKDAY	TEACHER WORKDAY
week 2	10	11	12	13	14
	CLOSED FAMILY MORNING	CHEERIOS RAISINS MILK	CHEEZ-ITS ORANGES WATER	PITA BREAD HUMMUS MILK	LIFE CEREAL BANANAS MILK
week 3	17	18	19	20	21
	GRAHAM CRACKERS APPLES WATER	VEGGIE STRAWS STRING CHEESE WATER	ANIMAL CRACKERS CARROTS WATER	NILLA WAFERS YOGURT WATER	PASTA APPLES MILK
week 4	24	25	26	27	28
	CHEERIOS RAISINS MILK	CLUB CRACKERS ORANGES MILK	SALTINES CUCUMBERS W/ RANCH WATER	GOLDFISH CUCUMBERS WATER	WAFFLES APPLESAUCE MILK
week 5	31				
	TOAST FRUIT SPREAD MILK				