



## Health & Safety Protocols

Dayspring Preschool reopened on June 15 with new practices in place based on guidance from the CDC, the State of California Department of Social Services Community Care Licensing Division, and Contra Costa Health Services. Keeping children and staff healthy and safe is our top priority. We are currently following these practices:

### Social and Physical Distancing

- Student to teacher ratio 12:1 maximum
- The same children and teachers together each day
- Seating at tables and on carpet squares will be every other spot
- More outside activities
- Nap mats spaced 3 feet apart, alternating head to toe

### CDC Guidelines

We make every effort to meet or exceed all CDC standards for cleaning and minimizing exposure risk.

- Teachers will wear PPE including face shields, scrubs and gloves
- Classrooms are professionally cleaned, sanitized and disinfected every night
- Hand sanitizer has been installed out of the reach of children at the entry to each of the classrooms and is also available at the front desk
- Shared toys and surfaces are cleaned and sanitized frequently throughout the day
- Staff and children will wash their hands with soap and water for 20 seconds when they enter the classroom each morning, after using the restroom, after playing outside, before and after eating, and after using a tissue
- Snacks will be served by staff (not self-serve)
- Tables will be cleaned before and after meals
- Children will be reminded to cough into their elbow and to use a tissue to wipe their nose

### Staff and Student Screening

- Staff will take their temperature before starting work each day
- Parents should take their child's temperature before coming to Dayspring each day.
- Temperatures will also be checked upon arrival at Dayspring each day
- Anyone with a temperature of 100.4 degrees F or showing symptoms of COVID-19 (fever, cough, difficulty breathing or other signs of illness within the last 24 hours) will not be allowed in the building

- Staff and children will be monitored throughout the day for any signs of possible illness.
- If a staff member shows signs of illness they will immediately leave the building. We have extra staff and substitutes available this summer to cover for this.
- If a student shows signs of illness they will immediately be isolated and parents will be called to pick them up.
- If your child is not feeling well or shows any signs of illness, please keep them home.

### **Sign in and Sign out**

- Sign in and sign out will take place outside the front door
- Parents/guardians must wear a face covering when picking up and dropping off
- Parents will be asked to confirm that their child does not have a fever, shortness of breath or cough
- Dayspring staff will make a visual inspection of the child for signs of illness which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue, or irritability.
- Dayspring staff will take the child's temperature with a no-contact thermometer
- Students will be walked into their classroom by a Dayspring staff member. They will hang their belongings in their cubby and wash their hands
- Please bring your own pen for sign in/sign out
- Parents should wash hands or use hand sanitizer before and after signing in and out
- Parents should not linger after sign in/sign out
- Child's temperature will be taken again before leaving school

### **Waiver**

Each student will be required to have a completed waiver on file before their first day of school.

The COVID-19 pandemic is a challenging and fluid situation. Federal, state and local orders and guidance may change frequently. We will keep you updated as any of our procedures change.

Effective May 28, 2020  
Revised June 25, 2020

# Dayspring School Illness Policy

## Fall 2020 Amendment to Family Handbook

The following illness policy was created with guidance from the Contra Costa County Public Health department. It is an amendment to our Family Handbook illness policy. It follows a series of four scenarios for possible COVID-19 exposure and the school's actions and responses.

### General Information:

Parents are to keep their children home if they exhibit any signs of illness. Students should remain home until they are symptom free (without medication) for 24 hours. These symptoms are:

- fever
- runny nose\*
- cough
- fatigue
- muscle aches
- vomiting
- diarrhea

All students will have their temperature taken every day upon drop off and pick up. Students with a temperature of 100.4 or above will not be admitted or sent home if the fever or symptoms are onset at school.

\*For students with known allergies, parents may provide doctor's note and student may be at school

### Scenario 1

#### Student Exhibits Flu, Cold or COVID-19 Symptoms

- fever
- runny nose
- cough
- fatigue
- muscle aches
- vomiting
- diarrhea

Child will be sent home (or child is already kept home by parents) and parents will be advised to contact primary care provider for recommendations regarding need for testing. If not available through their primary care provider, testing is available [through CCHS](#). If COVID-19 ruled out by primary care provider or negative test result, child can return 24 hours after symptoms resolve. Requires written email to Dayspring from parent, attesting to primary care provider advice prior to reentry. School/classroom remains open. No notifications are required

## Scenario 2—Student is Positive for COVID-19

Refers to individuals with a laboratory confirmed COVID-19 **PCR or Antigen** test result. Parent must notify Dayspring immediately.

Student must **isolate at home**. The timelines for returning are:

- *With symptoms*: May return after 10 days have passed since start of symptoms, as long as symptoms are improving and there is no fever for 24 hours (without fever-reducing medication).
- *Without symptoms*: May return after 10 days have passed since the date of positive COVID-19 test. If symptoms develop during isolation period, may return 10 days after test if symptoms are improving and no fever for 24 hours (without fever-reducing medication).

Requires doctor's note for student's reentry to Dayspring after isolation period.

Dayspring Actions:

1. Notify Contra Costa County Health Services
2. CCHS Locations Case Investigator will follow up with school liaison to coordinate next steps.
  - All Parents and Employees will be notified of potential exposure; recommend COVID testing for close contacts
  - School will close for deep cleaning
  - CCHS will advise length of school closure
  - After deep cleaning, school can reopen for employees and students who were not within close proximity, per CCHS

## Scenario 3—Student exposed to COVID-19 from close contact (ex. family member has COVID)

- A. Parent should notify Dayspring immediately
- B. If **no symptoms**, student must **quarantine at home** for 14 days after the last known close contact with the positive case, whether tested or untested. Testing is highly recommended, but a negative test does not release one from quarantine. Symptoms can develop even after testing negative within 14 days after exposure, so strict adherence to quarantine is required. Testing is recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.
- C. If **symptomatic**, student must **quarantine at home** for 14 days after the last known close contact with the positive case. Testing is highly recommended and if completed and returns positive, refer to actions and follow up for "Positive COVID-19 (Scenario 2)." If tests negative, must complete 14-day quarantine.
- D. Affected classroom will be deep cleaned
- E. Families in the affected classroom will be notified; Per CCHS, students not required to stay home, however this is up to parent discretion.

**Scenario 4—Family member exposed to COVID-19 from close contact (but student has not been in contact with that person)**

- A. Family member should be tested for COVID-19.
- B. Student should stay home until testing results are completed
- C. Family member should quarantine at home; monitor for symptoms for 14 days
- D. If family member is positive, then follow protocols in Scenario 3
- E. If family member is negative, then student may return to school after results come in