NOVEMBER

NEWSLETTER

As the crisp autumn air settles in and the leaves continue to change, we welcome you to the November edition of our preschool newsletter! This month brings exciting opportunities for learning, growth, and celebration across all of our classrooms. We are deeply thankful for the warmth, laughter, and joy your children bring to Dayspring each day, and we look forward to sharing updates, upcoming community events, and special moments with you as we move through this wonderful season.

In this issue, you'll find comprehensive highlights of our classroom curriculum and activities, key dates to remember, health guidelines, and meaningful ways you can get involved as we prepare for the holiday season. November provides a beautiful opportunity to reflect on gratitude, kindness, and togetherness, and we are truly delighted to have your family as an integral part of our preschool community.

SCHEDULE & DETAILS

The upcoming parent-teacher conferences are scheduled to take place on November 6th from 8:30 am to 4:30 pm. Please note that on this day, Dayspring will be closed for children's services to ensure that teachers can meet with parents without interruption. All staff members will follow an adjusted conference day schedule from 8:00 AM to 5:00 PM, including a designated one-hour lunch break. Only families whose children were registered before October 10th will be included in these conferences. This policy is in place to allow teachers sufficient time to get to know each child and prepare a thorough progress report.

NEXT CONFERENCES

The next session of parent-teacher conferences is planned for March 2027. Further details and scheduling information will be communicated as the date approaches.

REMINDERS:

- Please ensure that your child's extra clothing stored in their cubby is updated and suitable for the colder season, including long pants, warm socks, and extra layers.
- We strongly recommend sending a warm sweatshirt, heavy sweater, or jacket daily for outdoor playground activities and neighborhood walks. Please label all outer garments clearly with your child's name.

If you intend to take additional vacation days or plan early holiday travel in November or December, kindly inform us as early as possible via Brightwheel or by emailing info@dayspringpreschool.org or maria@dayspringpreschool.org so our teachers can plan attendance and classroom activities accordingly.

CURRICULUM OVERVIEW

Throughout November, we will introduce the concepts of "Seasons and Weather" to encourage all students to observe, predict, inquire, and seek explanations that support the development of scientific thinking and problem-solving abilities. Through hands-on explorations, outdoor weather tracking, and interactive discussions, children will learn how environmental changes affect their daily lives and the natural world around them. Students will also be introduced to the letters Hh, Rr, and Mm through engaging phonics games and hands-on tracing activities, as well as the numbers 12, 13, 14, and 15 through interactive counting and grouping exercises. As part of our social-emotional curriculum, children will learn about kindness, caring, empathy, and helping others to support their overall growth, emotional well-being, and positive social interactions with peers.

During this month, students will continue to explore topics such as Rain and water, Forest animals, Gratitude and Thanksgiving, and Animal winter homes through sensory bins, creative arts, and storytelling. In addition, we will recognize the Day of the Dead, Diwali, Veterans Day, and Thanksgiving. These events present a valuable opportunity for students to reflect on both the similarities and differences among cultures and traditions while fostering respect and inclusivity. Our principal project for November will focus on documenting what we are thankful for, as fostering gratitude is a vital social-emotional skill that enables students to broaden their perspective on life, build strong relationships, and appreciate the community around them.

PREVENTING ILLNESS

With the arrival of cooler autumn weather comes an increase in seasonal respiratory illnesses, including the flu. To ensure our school community remains healthy and safe, we must work together to practice and reinforce habits that limit the spread of communicable diseases. At school, we active model and teach the following daily practices:

- Frequent Handwashing: Thorough hand hygiene is key to stopping germ transmission. Children wash their hands regularly, particularly before meals, after bathroom visits, and after using shared classroom items.
- Hydration: Drinking water throughout the day aids general health and helps bolster the immune system against illness.
- Rest at Home When Unwell: If your child exhibits symptoms such as a fever, cough, runny nose, or sore throat, keeping them home allows them to rest and protects classmates from exposure.

HOW PARENTS CAN HELP

We warmly invite your collaboration in supporting a safe, healthy environment across our preschool classrooms. If your child feels unwell, please allow them to rest at home and refer to these helpful guidelines:

- Daily Symptom Checks: Watch closely for any signs of illness, including a fever, chills, persistent cough, sore throat, headache, or trouble breathing.
- Recovery Time: Should your child become sick, please keep them home until all symptoms resolve and they remain fever-free for 24 hours without fever-reducing medicine.
- Communication with Dayspring: Kindly inform us of any student absences and update our staff if a healthcare professional diagnoses a communicable condition.
- Healthy Practices: Gently remind your child to cover sneezing or coughing and to use clean tissues regularly throughout the day.
- Preventative Care: Ensure your family remains current on standard immunizations, including annual seasonal flu vaccines

SO MUCH GRATITUDE..

- To everyone who helped, volunteered, and generously donated supplies to make our annual Trick or Treat event such a joyous and memorable celebration for all of our children and families!
- To our wonderful Church members for hosting and creatively decorating those marvelous trunks for our Trunk or Treat festivities!
- To church member Donna Lenhardt for sharing her time and captivating storytelling with our students during story time.
- To Stephanie Bolton for beautifully decorating our main lobby with warm, welcoming, and festive autumn decor for the fall season.
- To the Board of Directors (BOD) for providing and hosting the delicious monthly staff appreciation breakfast, which meant so much to all of our teachers and team members.

U P C O M I N G D A T E S

NOVEMBER 6TH	PARENT-TEACHER CONFERENCES - DAYSPRING CLOSED
NOVEMBER 11TH	VETERANS DAY - DAYSPRING CLOSED
NOVEMBER 24TH	MOVIE & PAJAMA DAY
NOVEMBER 25TH-27TH	THANKSGIVING BREAK - DAYSPRING CLOSED
DECEMBER 15TH	WINTER CONCERTS: RM 1 AT 9:00 AM & RM 2 AT 10:00 AM
DECEMBER 16TH	WINTER CONCERTS: RM 3 AT 9:00 AM & RM 4 AT 10:00 AM
DECEMBER 21ST-JANUARY 1ST	WINTER BREAK - DAYSPRING CLOSED

SNACK MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	2	3	4	5	6
	Trail Mix Oranges Milk	Chex Mix Apples Water	Toast Fruit Snacks Milk	Cheerios Raisins Milk	Parent-Teacher Conferences Dayspring Closed
WEEK 2	9	10	11	12	13
	Pita Bread Hummus Water	Pretzels Apples Water	Veteran's Day Dayspring Closed	Graham Crackers Bananas Milk	Nilla Wafers Greek Yogurt Water
WEEK 3	16	17	18	19	20
	Toast Fruit Spread Milk	Tortilla Chips Guacamole Milk	Pancakes Applesauce Milk	Cinnamon Toast Crunch Milk	Pasta Cucumbers Water
WEEK 4	23	24	25	26	27
	Cheerios Raisins Milk	Trail Mix Oranges Milk	Thanksgiving Break Dayspring Closed		

We serve fresh fruits and vegetables whenever possible.
Substitutions may occur based on availability.
Fat free or 1% milk is provided at lunchtime. Children bring their own lunches from home.