



# Newsletter

NOVEMBER 2025



As the crisp autumn air settles in and the leaves continue to change, we welcome you to the November edition of our preschool newsletter! This month brings exciting opportunities for learning, growth, and celebration. We are thankful for the warmth and joy your children bring to our classrooms each day, and we look forward to sharing updates, upcoming events, and special moments with you.

In this issue, you'll find highlights of our classroom activities, important dates to remember, and ways you can get involved as we prepare for the holiday season. November is a time to reflect on gratitude and togetherness, and we are delighted to have you as part of our preschool family.

## Teacher-Parent Conferences

### Schedule & Details

The upcoming parent-teacher conferences are scheduled to take place on **November 10th from 8:00 am to 4:30 pm**. Please note that on this day, Dayspring will be closed for children's services to ensure that teachers could meet with parents without interruption. Only families whose children were registered before October 10th will be included in these conferences. This policy is in place to allow teachers sufficient time to get to know each child and prepare a thorough progress report.

### Next Conferences

The next session of parent-teacher conferences is planned for March 2025. Further details will be communicated as the date approaches.



## CURRICULUM OVERVIEW

Throughout November, we will introduce the concepts of “Seasons and Weather” to encourage all students to observe, predict, inquire, and seek explanations that support the development of scientific thinking and problem-solving abilities. Students will also be introduced to the letters Dd, Uu, Ss, as well as the numbers 9, 10, 11, and 12. As part of our social-emotional curriculum, children will learn about kindness, caring, empathy, and helping others to support their overall growth.

During this month, students will continue to explore topics such as pumpkins, various clothing types, farms, and animals. In addition, we will recognize the Day of the Dead, Diwali, Veterans Day, and Thanksgiving. These events present a valuable opportunity for students to reflect on both the similarities and differences among cultures and traditions. Our principal project for November will focus on documenting what we are thankful for, as fostering gratitude is a vital social-emotional skill that enables students to broaden their perspective on life.

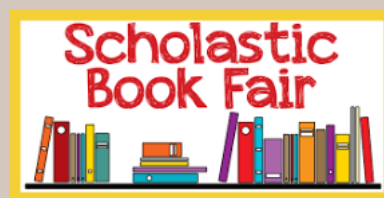
## KEEPING STUDENTS HEALTHY AND PREVENTING ILLNESS

As the fall season arrives, we experience cooler temperatures and an increase in respiratory illnesses, including the flu. This is an important time to come together as a school community and reinforce healthy habits to keep our students safe and minimize the spread of communicable diseases. We consistently teach and encourage the following practices among our students:

- **Wash hands repeatedly as needed:** Proper hand hygiene is one of the most effective ways to prevent the spread of germs. Students should wash their hands before eating, after using the restroom, and any time they come into contact with shared surfaces.
- **Drink plenty of water:** Staying hydrated supports overall health and helps the body fight off germs and illnesses.
- **Stay home if sick:** If your child is feeling unwell, especially with symptoms such as fever, cough, sore throat, or runny nose, it is best for them to stay home to recover and prevent spreading illness to others.

## BOOK FAIR

We are hosting a Scholastic Book Fair **November 5<sup>th</sup> to 14<sup>th</sup>** in the Great Hall. Feel free to stop by anytime during the school day to shop. The teachers will also have wish lists if you want to purchase a book for your child's classroom.



## HOW PARENTS CAN HELP

We kindly ask for your partnership in maintaining a healthy school environment. Please keep your child home when they are sick, and follow these guidelines:

- Monitor your child for symptoms of illness, including fever, chills, cough, sore throat, headache, or difficulty breathing.
- If your child is sick, keep them home until they are symptom-free and have been fever-free for at least 24 hours without medication.
- Notify the school of your child's absence and inform us of any diagnosed communicable diseases.
- Encourage your child to practice good hygiene, such as covering their coughs and sneezes and using tissues when needed.
- Keep up to date with recommended vaccinations, including the annual flu shot

## A FOND FAREWELL TO MS. KIM

It is with mixed emotions that we share the news that Ms. Kim will be leaving Dayspring in November 2025. Ms. Kim has been a valued member of our community, inspiring students, and supporting families with dedication and warmth throughout her time here.

We know that many of you will join us in expressing gratitude for the positive impact Ms. Kim has made on our children and our school. Her enthusiasm, kindness, and commitment have helped shape Dayspring into the welcoming environment we cherish today.

As we prepare to say goodbye, we invite families to share their well wishes and memories with Ms. Kim in the coming weeks.

Thank you, Ms. Kim, for everything. We wish you the very best in your next chapter!



## A FEW REMINDERS:

- Please ensure that your child's extra clothing is suitable for the colder season.
- We recommend sending a sweatshirt or jacket for outdoor activities.

If you intend to take additional vacation days in November or December, kindly inform us via Brightwheel or by emailing [info@dayspringpreschool.org](mailto:info@dayspringpreschool.org) or [maria@dayspringpreschool.org](mailto:maria@dayspringpreschool.org).

## SO MUCH GRATITUDE...

- To everyone who helped make our Trick or Treat event so much fun!
- To church member Donna Lenhardt for our Halloween story time
- To Stephanie Bolton for decorating our lobby for the fall
- To Kelly Mitchell for Peet's coffee and pastries
- To Terri Reed for the donuts
- To the Friends of Dayspring for the staff breakfast

## UPCOMING DATES

|                              |                                                  |
|------------------------------|--------------------------------------------------|
| November 5th-14th            | Scholastic Book Fair                             |
| November 10th                | Teacher-Parent Conferences- Dayspring Closed     |
| November 11th                | Veterans Day Holiday- Dayspring Closed           |
| November 26th-28th           | Thanksgiving Break-Dayspring Closed              |
| December 16th                | Winter Concert: Rm 1 & 2 at 9:00 am              |
| December 17th                | Winter Concert: Rm 3 at 9:00 am; Rm 4 at 10:00am |
| December 22nd to January 2nd | Winter Break- Dayspring Closed                   |



## SNACK MENU

**November 2025**

|               | Monday                                                 | Tuesday                                        | Wednesday                                    | Thursday                                         | Friday                                    |
|---------------|--------------------------------------------------------|------------------------------------------------|----------------------------------------------|--------------------------------------------------|-------------------------------------------|
| <b>Week 1</b> | <b>3</b>                                               | <b>4</b>                                       | <b>5</b>                                     | <b>6</b>                                         | <b>7</b>                                  |
|               | Pretzels<br>oranges<br>Milk                            | Chex Mix<br>Apples<br>Water                    | Fruit Snacks<br>Toast<br>Milk                | Cheerios<br>Raisins<br>Milk                      | Animal Crackers<br>Oranges<br>Milk        |
| <b>Week 2</b> | <b>10</b>                                              | <b>11</b>                                      | <b>12</b>                                    | <b>13</b>                                        | <b>14</b>                                 |
|               | Parent<br>Teacher<br>Conference<br>Dayspring<br>Closed | Veterans Day<br>Holiday<br>Dayspring<br>Closed | Pita<br>Bread<br>Hummus<br>Water             | Popcorn<br>apples<br>Water                       | Graham Crackers<br>Bananas<br>Milk        |
| <b>Week 4</b> | <b>17</b>                                              | <b>18</b>                                      | <b>19</b>                                    | <b>20</b>                                        | <b>21</b>                                 |
|               | Pita<br>Bread<br>Hummus<br>Water                       | Tortilla Chips<br>Guacamole<br>Milk            | Pasta<br>Cucumbers<br>Water                  | Cinnamon<br>Toast<br>Crunch<br>Milk              | Toast<br>Fruit Spread<br>Milk             |
| <b>Week 5</b> | <b>24</b>                                              | <b>25</b>                                      | <b>27</b>                                    | <b>28</b>                                        | <b>29</b>                                 |
|               | Cheerios<br>Raisins<br>Milk                            | Trail Mix<br>Oranges<br>Milk                   | Thanksgiving<br>Break<br>Dayspring<br>Closed | Thanksgivi<br>ng<br>Break<br>Dayspring<br>Closed | Thanksgiving<br>Break<br>Dayspring Closed |

We serve fresh fruits and vegetables whenever possible.

Substitutions may occur based on availability.

Fat free or 1% milk is provided at lunchtime. Children bring their own lunches from home